

Excellence in Education

RESOURCES FOR INSPIRING AND EMPOWERING PEOPLE TO REALISE THEIR FULLEST POTENTIAL!

Browse a small selection of our best selling educational and wellbeing resources



Educational Resources



The Human Rights Game

The Human Rights Game is the perfect resource for teaching human rights and minimizing school-based bullying as it is fun, highly engaging and most of all, educational.

Human Rights affects everyone all over the world. However, there are far too many alarming press reports citing ongoing human rights abuses in all walks of life. Furthermore, there are too many reports of students experiencing record levels of anxiety.

Playing Time: Flexible 40 – 60 minutes

Players: 2 – 6

Ages: 10 - 14 and 15 plus

Grades: 5 - 12 (cards for 5 - 8 & 9 - 12)



Dimm - BinaryBots

Dimm™ is the amazing new smart toy robot everyone wants. Kids love him as he's so much fun and he teaches them to code. This kit comes jam packed with Dimm the robot, some fun sensors AND a brand new BBC micro:bit computer.

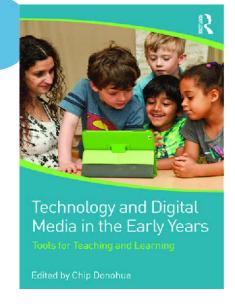
DIMM™ brings coding to life!

You can build your very own robot and become an inventor. It's so easy and fun to learn to code with lots of activities included.

Build and code your own robot!







Technology and Digital Media in the Early Year

Technology and Digital Media in the Early Years offers early childhood teacher educators, professional development providers, and early childhood educators in pre-service, in-service, and continuing education settings a thought-provoking guide to effective, appropriate, and intentional use of technology with young children. This book provides strategies, theoretical frameworks, links to research evidence, descriptions of best practice, and resources to develop essential digital literacy knowledge, skills and experiences for early childhood educators in the digital age.

Author: Chip Donohue Publisher: Routledge Page count: 300 ISBN: 9780415725828



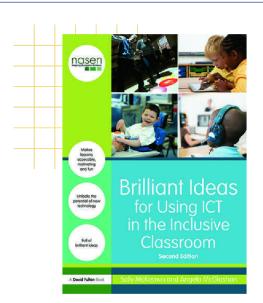
Educational Resources

Six questions on each calling card cover basic review of the four basic operations, exponents, and language, evaluating numerical expressions at two difficulty levels, order of operation, evaluating algebraic expressions and formulas for given values of the variable, solving linear equations and formulas at two difficulty levels. The playing cards contain selected numbers from -1000 to 400. Each game includes 36 unique playing cards, 60 calling cards, 360 plastic markers, and two reproducible masters to help assess and customise.

Ages 12 to adult.







Brilliant Ideas for Using ICT in the Inclusive Classroom

Runner up in Teach Secondary's Technology and Innovation Awards 2014 sponsored by Lego, Brilliant Ideas for using ICT in the Inclusive Classroom provides lots of simple practical ideas showing teachers and support staff how they can use ICT to boost the achievement of all pupils.

Author: Sally McKeown, Angela McGlashon

Publisher: Routledge Page count: 134 ISBN: 9781138809024



Turn students into place value wizards with these colour-coded dominoes! Set of 48 durable dominoes can be played at three levels of difficulty depending on the ability level of the students. Dominoes feature 2 to 5-digit numbers covering ones, tens, hundreds, and thousands places.

Instruction booklet included Grades 2 & up 2-4 players





Educational Resources



Best Behaviour Ball

The Best Behaviour Ball teaches children and teens positive behavioural skills to help them succeed in school and in life.

The balls take just a few minutes to use and instantly get the student's or client's interacting in positive ways. They are great for use with a group as an icebreaker. The balls can also be used one-on-one with a therapist or counsellor. Our Counselling Balls have proven to be one of the most popular ways to teach children and teens emotional, social and behavioural skills.



Phonemic Awareness Fun Deck

The Phonemic Awareness Fun Deck contains 57 rhyming picture cards your younger students will adore! What a fun way to teach them how word meaning can change by manipulating individual sounds. This deck includes 19 sets (three cards each) of colourfully illustrated cards, a content list, and instructions for fun activities.

Cards measure 2 1/2" x 3 1/2" and are stored in a sturdy storage tin.







What the Heck Does That Mean?

Each of these 125 Picture Cards presents an idiom, illustrates its literal meaning, and offers three choices: the true definition and two plausible but incorrect (and sometimes funny) alternatives. The other side of the card shows only the idiom and the illustration. So, depending on which side of the card you use, students can choose the correct definition or come up with it on their own. Either way, they'll have a memorable visual association for each idiom.



Mental Health & Psychology

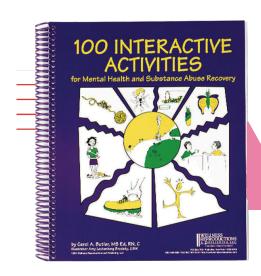
Many children have problems with anxiety and worry. Their concerns may be situational perhaps connected with a divorce, a death, or a move or they may have a full-blown anxiety disorder. Whatever the cause, children benefit from learning specific cognitive and behavioural skills to help them cope with their anxiety.

Dr. Playwell's Worry-Less Game will introduce children to seven of these skills.

Recommended for Grades: 1-6







Innovative techniques target different groups and ages, and are presented using: worksheets, art, games, feedback, visualisation, poetry, and more. Groups work through Anger Management, Assertion, Stress, Self- Esteem, Sobriety, Problem Solving, and much more to learn self-sufficient survival skills. Book is 292 pages, soft cover, and spiral bound for easy reproduction. Includes CD.

Author: Carol A. Butler

Publisher: Wellness Reproductions & Publishing

Page count: 292 ISBN: 1893277046



Humanising Mental Health Care in Australia

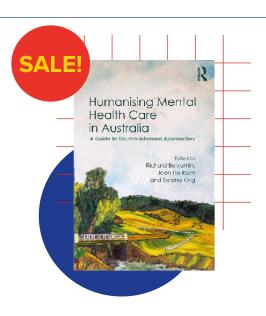
Humanising Mental Health Care in Australia is a unique and innovative contribution to the healthcare literature that outlines the trauma-informed approaches necessary to provide a more compassionate model of care for those who suffer with mental illness. The impact of abuse and trauma is frequently overlooked in this population, to the detriment of both individual and society. This work highlights the importance of recognising such a history and responding humanely.

Author: Richard Benjamin, Joan Haliburn, Serena King

Publisher: Taylor & Francis

Page count: 456 ISBN: 9780367076603





Mental Health & Psychology



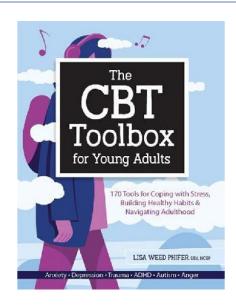
This training resource has two objectives: It helps group members recognise and acknowledge the importance of inter-professional working and communication when working with family members experiencing bereavement.

It helps to facilitate discussions between the group members about communicating with and working with family members when a significant person is at the end of life.

As young adults strive to create their own identities, they need to learn how to express themselves in meaningful ways, form relationships, adjust to changing situations, and persevere in the face of challenges.

In The CBT Toolbox for Young Adults, you'll find 170 solutionfocused exercises to help this critical age group build greater independence, harness their unique strengths, and learn healthy ways to adapt to their changing worlds.





Managing Stress in Education A Comprehensive Guide for Staff and Students **Anthony James**

Managing Stress in Education

Managing Stress in Education is a practical stress management programme for use in schools and colleges. A comprehensive resource that includes up-to-date theory and practice, Managing Stress in Education uses session plans and practical activities to help develop stress management skills in staff and students.

The basic principles and techniques of stress management are straightforward, enabling the activities and sessions in this resource to be used across all Key Stages.



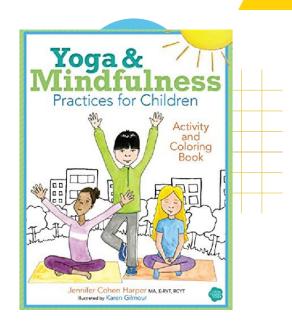
Mental Health & Psychology

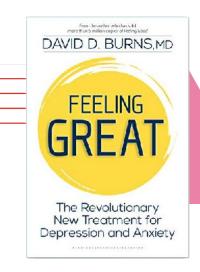
Yoga & Mindfulness Practices for Children Activity and **Colouring Book**

Yoga and Mindfulness Practices for Children Activity and Coloring Book offers 50 engaging activities, colouring pages and worksheets that support health, well-being, empowerment and an improved capacity to navigate those pressures of life without becoming overwhelmed. Divided into five elements - Connect, Breathe, Move, Focus and Relax - this book is a resource for children themselves, as well as for parents, teachers, clinicians and others interested in helping support self-awareness and increased personal power in young people.

Author: Jennifer Cohen Harper Illustrator: Karen Gilmour Publisher: PESI Inc. Page count: 106 ISBN: 9781683730453







From the author who has sold more than 5 million copies of Feeling Good: The New Mood Therapy comes a new and revolutionary high-speed treatment for depression and anxiety.

Based on 40 years of research and more than 40,000 hours treating individuals with severe mood problems. The goal is not just a rapid and complete elimination of negative feelings, but the development of joy and enlightenment.

Author: David Burns, M.D. Publisher: PESI Publishing Page count: 454 ISBN: 9781683732884



This book lays out an intuitive and practical approach to mental health and wellbeing that any school can adopt to transform their mental health support for students.

With a focus on providing staff with practical tools on a limited budget, the book will help schools make a real difference to student mental health.

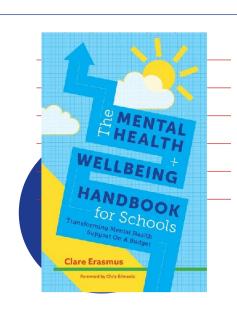
Author: Clare Erasmus

Publisher: Jessica Kingsley Publishers

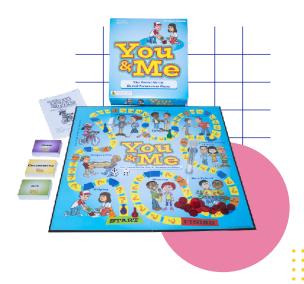
Page count: 144

ISBN: 9780367076603





Social & Emotional Development



You & Me: A Game of Social Skills

A cooperative board game that teaches day-to-day social skills and social awareness. Designed to help children become socially aware of the world they live in, as they build the social skills they need in everyday life: helping, sharing, being polite, cooperating, understanding different points of views, listening, following rules, acting assertively, and being a friend. Players work as a team, there are no individual winners.

For 2-6 players Ages: 4-12



Social Skills Comics for Kids Set (4 Books)

This set of fun-filled and interactive illustrated stories help children understand how to behave in certain social situations. Each book features scenarios for the "wrong way" and "right way" to react in a situation. Full colour photographs allow readers to observe details such as body language and nonverbal cues.













Social and Emotional Competence Board Game

The Social and Emotional Competence Game is easily integrated into existing programs. It can also be used in individual and small group therapy. The cards are labelled with terms that will be familiar to most children: sharing feelings, getting along, caring, communication, and cooperating. This game is designed to give counsellors and teachers another tool to teach social and emotional skills.

For 2-6 players Ages: 6-14



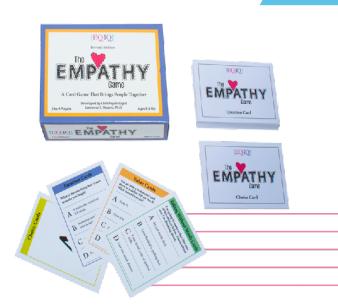
Social & Emotional Development

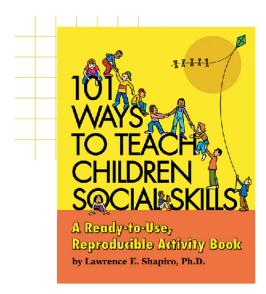
The Empathy Card Game

Children who understand how other people think and feel act more appropriately and enjoy richer social relationships. This card game helps players recognise the importance of empathy, a central component of emotional intelligence. As children try to read other players' nonverbal cues and guess how they've responded to Question Cards, they practice this skill in a fun way. Compassion, understanding, and acceptance – all in one game!

For 2-4 players Ages: 8 and up







101 Ways to Teach Children Social Skills

This appealingly illustrated, reproducible activity book includes 101 ready-to-use activities to help children. Although some children seem to be socially adept from birth, others struggle with the challenges of social acceptance. With adult guidance, however, those children can become socially adept as well, shy children can become more outgoing, aggressive children can learn self-control, and socially isolated children can be taught how to make friends.

Author: Lawrence E. Shapiro Publisher: The Bureau for At-Risk Youth

Page count: 167 ISBN: 9781566887250

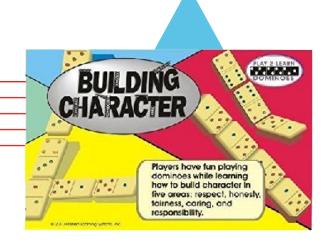


Play-2-Learn Dominoes — Building Character

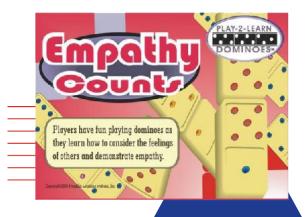
This game of dominoes builds character in children by teaching them five important aspects of good character: respect, caring, fairness, honesty, and responsibility. The included deck of cards presents short scenarios, and players must decide if the actions indicated represent good or bad character. Kids take what they learn playing this game and apply it to real-life, everyday situations.

For 2-5 players





Social & Emotional Development



Play-2-Learn Dominoes - Empathy Counts

Empathy Counts is a therapeutic and educational game developed to teach young people to understand the concept of empathy, to be empathetic, and to take positive actions towards others based on empathy. It is designed for children ages 7 to 12 years old and can also be used as high-interest material for older students. These guidelines can be used by therapists, teachers, counsellors in a school setting, or parents at home.

Ages 7 to 12



This is an inspiring and creative resource for developing empathy, understanding feelings and recognising emotions. Designed to stimulate animated discussion, these imaginative photocards provide an innovative way of initiating conversation with individuals and groups. They are also useful for creative writing with all ages.







The Helping, Sharing and Caring Ball is great way to reinforce important values on a daily basis.

The balls take just a few minutes to use and instantly get the student's or client's interacting in positive ways. They are great for use with a group as an icebreaker. The balls can also be used oneon-one with a therapist or counsellor. Our Counselling Balls have proven to be one of the most popular ways to teach children and teens emotional, social and behavioural skills.



NDIS & Disability Resources

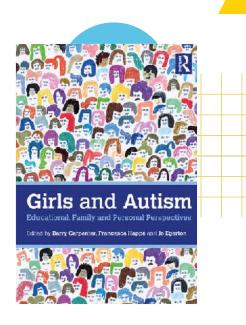
Drawing on the latest research findings, chapters consider why girls have historically been overlooked by traditional diagnostic approaches, identifying behaviours that may be particular to girls, and exploring the 'camouflaging' that can make the diagnosis of autistic girls more difficult.

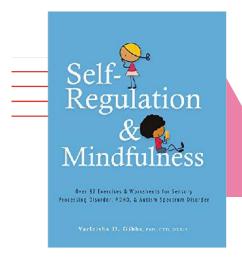
This is an invaluable source of first-hand insights, knowledge and strategies, which will enable those living or working with girls on the autism spectrum to provide more informed and effective support.

Author: Barry Carpenter, Francesca Happé, Jo Egerton

Publisher: Routledge Page count: 214 ISBN: 9780815377269







Over 82 Exercises & Worksheets for Sensory Processing Disorder, ADHD, & Autism Spectrum Disorder

Based on the latest research in neuroscience, Self-Regulation & Mindfulness provides highly practical, kid friendly lessons to teach therapists, parents, educators and children about their brain and body, so they can build the needed skills to self-regulate.

Author: Varleisha Gibbs Publisher: PESI Inc. Page count: 196 ISBN: 9781683730620



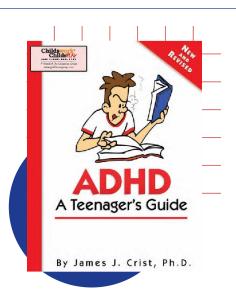
ADHD: A Teenager's Guide Book

Being a teenager is hard enough, with many competing pressures and expectations from parents, teachers, coaches, etc. For teenagers who suffer from ADHD, these pressures can be overwhelming. Written for a teenager who is tired of hearing, "You're just lazy!" and "I know you can do better!" this comprehensive guide features everything teens want to know about ADHD. The question and answer format makes the book engaging and easy to read.

Author: James J. Crist Publisher: Guidance Group

Page count: 201 ISBN: 9781882732418





NDIS & Disability Resources



Phonics for Pupils with Special Educational Needs Set

Phonics for Pupils with Special Educational Needs is a complete, structured, multisensory programme for teaching reading and spelling, making it fun and accessible for all. This fantastic seven-part resource offers a refreshingly simple approach to the teaching of phonics, alongside activities to develop auditory and visual perceptual skills. Specifically designed to meet the needs of pupils with special educational needs of any age, the books break down phonics into manageable core elements and provide a huge wealth of resources to support teachers in teaching reading and spelling.

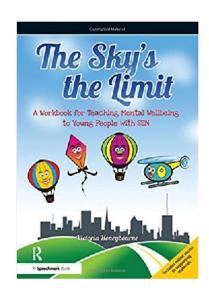


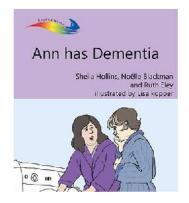
The Sky's The Limit

This significant new resource is designed to support young people with special education needs (SEN) to understand what is meant by mental well-being and to help them to learn skills and strategies which will support them in maintaining their mental health.

The resource is designed to be a clear, accessible and easy-touse resource that can easily be used by professionals (teachers, teaching assistants, pastoral staff, and social workers) and parents with no prior experience of teaching mental well-being.







Ann Has Dementia

This is a story told in pictures about Ann, who is diagnosed with dementia. We see her GP and her supporter trying to provide the right care for Ann in the early days of her dementia until she becomes so confused that she has to move into residential care.

If you know someone with an intellectual or learning disability who has dementia, or who has a family member or friend with dementia, you can use the pictures in this book to help them understand what dementia is and how the person with dementia can be supported.



NDIS & Disability Resources

Dillon & His Exceptional Friends (Set of 8 Books)

Dillon and His Exceptional Friends is a book series featuring animals with various conditions aimed at educating children. The stories explain medical conditions in kid-friendly language in hopes of demystifying perceived differences to readers so they can comfortably and freely interact with others who are unlike themselves without fearing the unknown. Educating children early in life will help them appreciate diversity and acceptance.

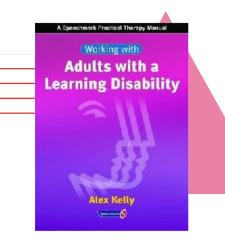
Author: Shelly Weiss

Publisher: Childswork/Childsplay

Page count: 128







A comprehensive and practical resource for all speech and language therapists and students, this book covers all aspects of working with this client group.

Written by the author of the hugely successful "Talkabout", each section gives the reader a theoretical background of the subject under discussion, practical suggestions and formats for assessment, a guide to intervention as well as a clear and workedout example.



With the help of this handy guide, you can bring tried and tested occupational therapy activities into your home and encourage your child to succeed with everyday tasks while having fun in the process. This expanded edition of the award-winning book includes new advice on toilet training, coping with changes in routine, repetitive behaviors, self-regulation and much more. The simple explanations and easy exercises will soon make daily activities enjoyable and productive.

Author: Koscinski, Cara

Publisher: JESSICA KINGSLEY PUBLISHERS

Page count: 192 ISBN: 9781785927058





